

Early Absence Support
for **Psychiatric Nurses
Association (PNA)**
Salary Protection
members

Helping people build
better futures



What is it?

Early Absence Support is an exclusive service for PNA Salary Protection members who are out of work due to illness or injury. It is a nurse telephone service designed to help support you on your recovery journey back to work.

How can it help me?

The nurses will chat through your current absence taking note of all relevant work and medical issues and use this information to sign-post you to various support services. If appropriate, your nurse will help design a return to work plan for you setting out all the steps involved. If you require ongoing support, your nurse will schedule follow up appointments with you. In some cases, a small financial contribution will be made to help you with the costs of things like physiotherapy and counselling.

Your nurse will prepare a detailed absence report which you will be able to discuss with your GP, Occupational Health and Employer as required.

That sounds good, what is the cost?

The service is provided by Irish Life's own team of expert nurses and there is no cost to you for using the service.



How do I know if I am suitable?



You must

be a PNA Salary Protection member



You should be

be out of work between 4-6 weeks due to illness or injury (or have been certified by your GP to be out for a similar duration)



You believe

you should be able to return to work in the coming months



You are looking

for help to try and achieve a return to work

How do I use the service?

The easiest way is to send an email to the Early Absence Team. This should include your PNA membership number, some brief details of your absence and your telephone number.

One of the nurses will agree a suitable date and time with you for a call to start the process.

Alternatively, you may call the Helpline directly where a nurse will take some details from you and organise an appointment to have a more detailed discussion with you.

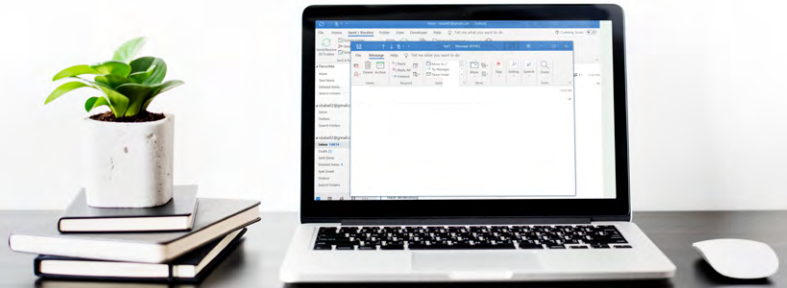
The email address is: EAS@irishlife.ie

The Helpline number is: 01 562 5106

(Open 9:30am to 4:30pm, closed for one hour from 12:30 Monday to Friday)

We obviously hope you are well and at work, but if you are absent due to illness or injury we look forward to helping you.

If you have any queries in relation to PNA salary protection scheme or details of how to join please contact Cornmarket on (01) 470 8054, email clientservices@cornmarket.ie or visit www.cornmarket.ie//pna-salary-protection-scheme



Contact us

Phone 01 704 2000
Fax 01 704 1905
Email happytohelp@irishlife.ie
Website www.irishlifecorporatebusiness.ie
Write to Irish Life Corporate Business, Irish Life Centre, Lower Abbey Street, Dublin 1.

In the interest of customer service we will monitor calls.

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